



House of Iran Quarterly Publication

Editorial Sussan Johnsen Ebrahim Davodi Far

March **2018**

To introduce and promote the rich and diverse heritage of Iranian culture amongst people of all nationalities and ethnic background

Message from the President

Dear House of Iran members and supporters.

Thanks to you, House of Iran is busy planning for future.

House of Iran is showcasing the Iranian culture, art, and history to hundreds of thousands of visitors from all over the world. House of Iran is the only cottage amongst all cottages under the charter of House of Pacific Relations (HPR) that opens its doors to visitors not only on the required days of Saturday and Sundays from 12:00 to 5:00 PM, thanks to our Cultural VP, Mr. Arya Zeighamnia, and dedicated HOI board members, it welcomes visitors on Tuesday, Thursday, and some days for San Diego State Students as well. We are proud of this accomplishment! House of Iran also works with Persian Cultural Center and Association of Iranian American Professional in bringing the Chahar Shanbeh Soori on March 13th and Sizdeh Bedar on April First, functions to our community.



House of Iran activities are not limited to the required Saturdays and Sundays openings. We celebrate our "Ruz-e-Iran" Festival of "Nowruz", on Sunday March 25th 2018 we participate at Ethnic Food Fair on May 27th, Persian Harvest Festival on November 4th, and on December 7th and 8th, 2018 for Christmas on the Park, please mark these important dates on your calendar.

None of these accomplishments could be possible without the determination and hard work of our entire membership and supporter, and our board members, it is remarkable what team work can do. I would like to extend my heartfelt appreciation to all who took a part in this major achievement. The constant support and thousands of hours of work by our volunteers have made House of Iran attain a worldwide fame and recognition.

I would like to thank and appreciate Mrs. Sussan Johnsen, House of Iran Past president for her hard work and dedication for many years, which lead us to have a better organization, she is a wonderful team player, she will continue, helping us on hosting and her thoughtful advice.



We look forward to sharing the program's success with you in our quarterly newsletter. In the meantime, if you would like to schedule a visit House of Iran to see, firsthand, the difference your gift is making, please contact Ebrahim Davodi Far at 619-384-0004.

Our sincere thanks for your support throughout the years.

Warmly, Ebrahim Davodi Far HOI President



Board of Directors

President: Ebrahim Davodi Far

> Administrative Vice President: Mehdi Khalili

Cultural Vice President: Arya Zeighamnia

> Secretary: Ghetty Allahi

Treasurer: Mehdi Moein

Parliamentarian: Shiva Akhavizadegan

Delegates: Dr. Behrang Madani Ghazal Anari

Alternate Delegate Mikhak Asgari

House of Iran

PO Box 86006 San Diego, CA 92138

Visit our website

Www.TheHouseOfIran.com

Check us on Facebook!

March **2018**

Nowruz Pirooz

Nowruz is celebrated in many places where significant number of Persian speaking people live, but officially it is a holiday in Iran, Iraq, Afghanistan, Azerbaijan, and several former-Soviet and Central Asian republics. There are a number of customs that are observed: a vigorous "spring cleaning" of the house is undertaken in the weeks prior to the holiday; *Chaharshanbe Suri* (چهارشنیه سوری), is celebrated the Tuesday night before the last Wednesday prior to Nowruz, when people build bonfires in the streets and may take turns jumping over them to welcome the victory of the fire/light of spring over the darkness of winter, and when children go trick-or-treating. A ففت سین (*Haft Sinn*, or "seven s's") table is set which is covered with seven edible items that begin with the letter ω (corresponding to our "s"), which traditionally are:

- ا سبزه (*sabzah*): Some kind of sprout or grass that will continue to grow in the weeks leading up to the holiday, for rebirth and renewal
- \square سهنو (saman \bar{u}): A sweet pudding, for wealth and fertility
- ا سنجد (sanjad): Dried fruit, ideally a sweet fruit from a lotus tree, for love
- \Box سیر (sīr): Garlic, for medicine and taking care of oneself
- اسیب (sīb): Apple, for beauty and health
- [ا سماق (sumāq): A Persian spice made from crushed sour red berries, for the sunrise of a new day
- اسرکه (sarkah, "serkeh"): Vinegar, for the patience and wisdom that comes with aging.

Sizdah Bedar (سيزده بدر – Sizdebedar), also known as Nature's Day (روز – طبيعت – Sizdebedar), also known as Nature's Day (روز – طبيعت – Ruz e Tabi'at), is an Iranian festival held annually on the thirteenth day of Farvardin (the first month of the Iranian calendar), during which people spend time picnicking outdoors. It marks the end of the Nowruz holidays in Iran.

"Nowruz Pirooz" ("Happy New Year") is the traditional holiday greeting.



House of Iran 2018 Board of Directors

Due to nomination and election process in October and November 2017 these are 2018 House of Iran board members, Ebrahim Davodi Far president, Mehdi Khalili Admirative Vice President, Arya Zeighamnia Cultural Vice president, Gheety Allahi Secretary, Mehdi Moein treasurer, Shiva Akhavizadegan parliamentarian, Behrang Madani delegate, Gazal Ansari delegate and Mikhak Asgari alternate delegate, outgoing board member wear Mrs. Sussan Johnsen, Dr. Reza Rouzitalab, and Mrs. Mahvash Cox.



On behalf of House of Iran, we truly appreciate their hard work.

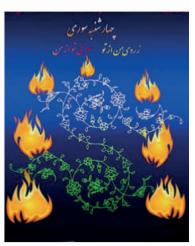
Rouz-e-Iran, Nowruz 1397

Sunday March 25, 2018 House of Iran, Balboa Park 11:00 AM to 6:00 PM The stage program will begin at 2:00 PM DJ Mohsen dance party at 4:00 PM



Chahar Shanbeh Soori

Tuesday, March 13th, 2018 7:00 pm to 10:00 pm 2455 Cushing Road, San Diego, CA 92106 NTC Park Sponsored by: AIAP, PCC, and House of Iran



Sizdeh Bedar

Sunday, April 1, 2018 1:00 PM to 6:00 PM 2455 Cushing Road, San Diego, CA 92106 NTC Park Sponsored by: AIAP, PCC, and House of Iran





House of Iran is open every Saturday and Sunday from 12:00 to 5:00 PM

House of Iran Celebrating

Nowruz

Iranian New Year March 25, 2018

Music: Dornob Collective With

Mahmood Shamshiri

Dance: The Persian Dance Academy

of San Diego

11:00 A.M-6:00 P.M

Party with DJ Mohsen after 4:00 P.M.

Balboa Park, San Diego



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